Non-Alcoholic Punch | American Food

Sparkling Nonalcoholic Cranberry Punch

By Colleen Graham | Updated on 10/4/22 | Tested by Diana Rattray

The Spruce Eats / Rachel Riesgraf

Editor's Choice

Prep: 5 mins
Cook: 0 mins
Total: 5 mins
Servings: 25 servings
Yield: 3 quarts

4.5 ★★★★½ 73 RATINGS

Add a comment

Nutrition Facts (per serving)

38	0g	9g	0g
Calories	Fat	Carbs	Protein

Show Full Nutrition Label

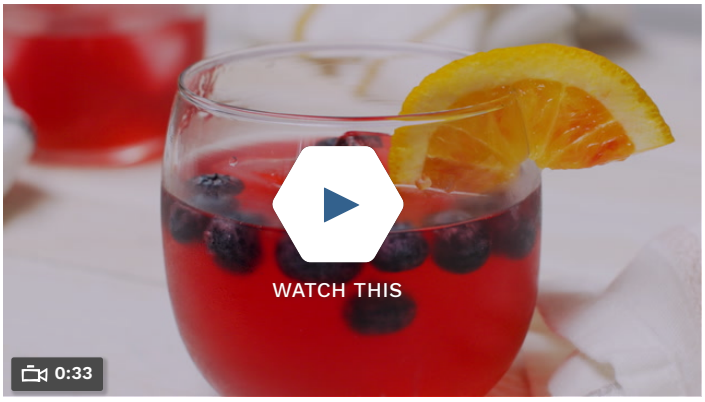
(Nutrition information is calculated using an ingredient database and should be considered an estimate.)

SAVE RECIPE

This refreshingly beautiful punch is a great drink for all occasions. Perfect for family gatherings during the holidays, the festive look also suits other celebrations like baby showers, bridal showers, weddings, graduation parties, or any activity that calls for a nonalcoholic drink and family-friendly drink. Our sparkling cranberry punch is incredibly easy to make and has a yummy cranberry lemonade taste, also ideal for quenching the thirsts of guests on hot days.

A mixture of pink lemonade and cranberry juice, the punch can be enhanced, such as by adding chopped fruits for flavor and looks. Though it can serve up to 25 in 4-ounce servings, you can easily adapt it for a larger or smaller group. And if you don't want to wait for a party, store the mixed juice base in the refrigerator and add sparkling water to it whenever you like, as this makes a fabulous everyday beverage. Don't add the sparkling water yet because the bubbles will go flat and the punch will lose its spark.

Our recipe for punch is tasty and simple, but also inexpensive, as the ingredients are very common and you might already have them in your fridge. The kids will love the fruity taste, and the sparkling water gives it a touch of elegance that will impress adults.



Click Play to See This Tasty Sparkling Cranberry Punch Come Together

A Note From Our Recipe Tester

"I made this with a 64-ounce bottle of cranberry juice, pink lemonade, and club soda. With orange and lemon slices, it was a delicious punch, and preparation was super easy. An excellent choice for a nonalcoholic party drink." —Diana Rattray

Ingredients

- 2 quarts chilled cranberry juice
- 1 (6-ounce) can frozen pink lemonade concentrate, thawed
- 1 liter chilled sparkling water
- Citrus and seasonal fruits (e.g., orange and lemon slices, firm berries), for optional garnish

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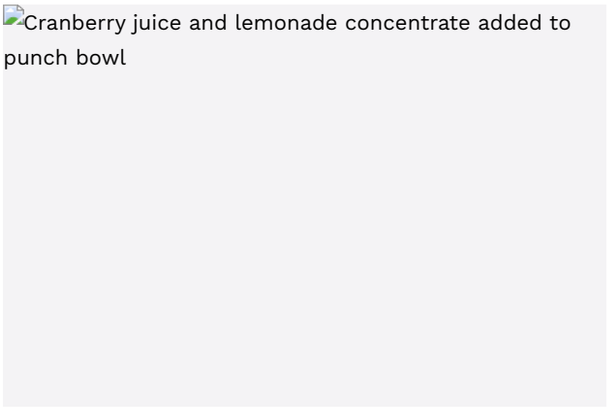
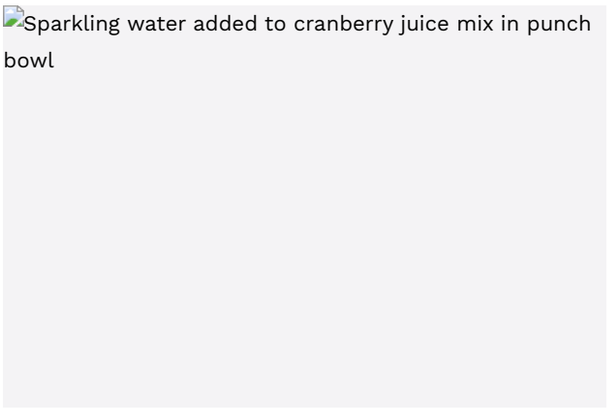
Steps to Make It

01 Gather the ingredients.

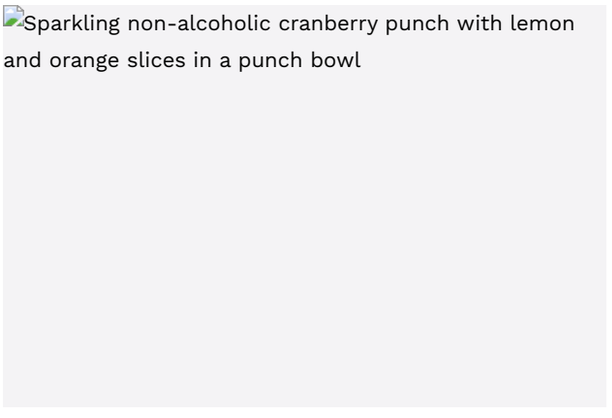
02 In a large punch bowl, combine the cranberry juice and lemonade concentrate.



03 Stir in sparkling water.



04 Serve immediately and garnish with citrus or seasonal fruits to taste, if using.



How Much Punch Do I Need?

Plan on at least an 8-ounce cup of punch per each adult, and a 5-ounce serving per kid. Consider how long the party or event will last, and how many other beverages will be available. If this is your main beverage, plan on at least two servings per person.

Choose Your Ingredients Wisely

Our punch recipe is very simple, but you have a few options to choose from:

- The juice: when it comes to cranberry juice, you could use a frozen cranberry juice cocktail, which typically includes a few other fruits with cranberry dominating the mix. If you go this route, mix the frozen juice according to the directions and be sure to double-check that it will yield at least two quarts once diluted with water. Another option is bottled cranberry juice; one 60-ounce bottle is 1.8 quarts so you'd need an extra 1/2 cup from a second bottle. Don't be afraid to use common cranberry juice blends, such as cranberry-raspberry and cranberry-cherry. Almost any fruity blend will work out great in this punch.
- The sparkling water: choose standard sparkling water or club soda for a nice, neutral flavor. For additional sweetness, turn to a lightly flavored soda like ginger ale or any citrus soda. With the increased availability of flavored sparkling waters today, like LaCroix and its flavorful varieties, you can concoct interesting blends.
- The fruit: choose any favorite fruit, but go with firmer ones like apples, pears, oranges, or berries like strawberries, blueberries, or blackberries. Softer fruits like raspberries or ripe peaches can get mushy in the liquid and dissolve, giving the punch a cloudy consistency.

If you're using chilled ingredients, ice is not required, but for a pretty look go for an ice ring or mold with some of the cranberry juice-lemonade mixture and various fruits.

White Cranberry Punch

For a clearer punch, use white cranberry juice instead, or a 50-50 mix of pineapple juice and white cranberry juice. Choose limes, oranges, Granny Smith apples, and lemons as your fruit to keep the color palette on the lighter side. Garnish with lime wedges or thyme spears for a festive look.

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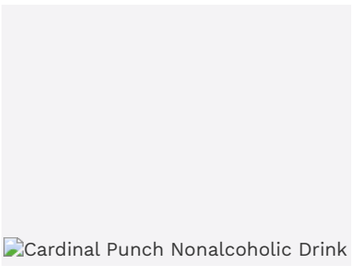


NON-ALCOHOLIC DRINKS

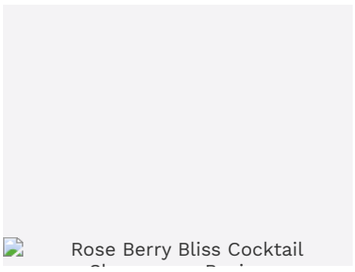
Cardinal Punch Mocktail

3 MINS | ★★★★☆

ALCOHOLIC PUNCH RECIPES

Cranberry Elderflower Champagne Punch

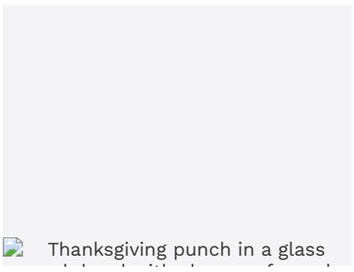
5 MINS | ★★★★☆



WINE RECIPES

Rosé Berry Bliss Punch

5 MINS | ★★★★★



NON-ALCOHOLIC PUNCH

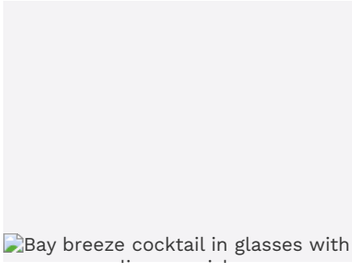
Thanksgiving Punch

10 MINS | ★★★★★

ALCOHOLIC PUNCH RECIPES

Easy Pomegranate Champagne Punch

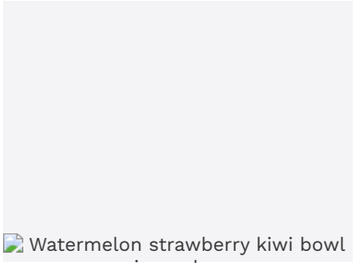
10 MINS | ★★★★½



VODKA COCKTAILS

Bay Breeze Cocktail

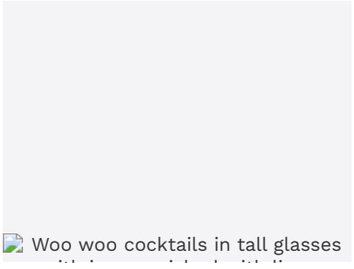
3 MINS | ★★★★☆



VODKA COCKTAILS

Summertime Fruit Punch Lemonade

3 MINS | ★★★★½



LIQUEURS

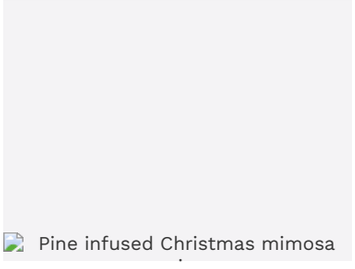
Woo Woo Cocktail

3 MINS | ★★★★☆

DRINKS & COCKTAILS

Non-Alcoholic Mojito

5 MINS | ★★★★☆



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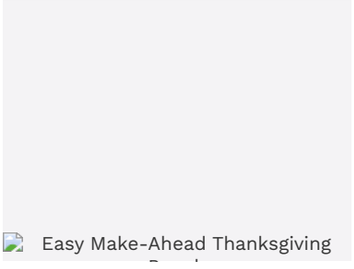

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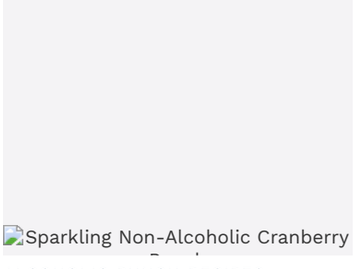
LIQUEURS

La Vie En Rouge Cocktail

3 MINS | ★★★★☆



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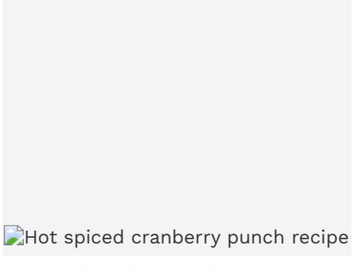

THANKSGIVING DRINKS

Hot Spiced Cranberry Punch

15 MINS | ★★★★★

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